

MASSAGE *Menu*

seda
Club





MASSAGES

Relaxing

Soft and enveloping massage that provides you with absolute relaxation.

75'	140€
55'	90€
25'	50€

Therapeutic

Deep toning massage that relieves tension and muscle pain.

75'	160€
55'	120€
25'	60€

Sportive

Massage that prepares the tissues of the body to practice any type of sport, in order to prevent any type of injury.

75'	160€
55'	120€
25'	60€

Drainage

Massage with very soft and slow movements favoring the circulation of the lymph and the elimination of liquids.

75'	140€
55'	90€
25'	50€

Natural Essence

Enveloping massage to choose between Chocolate that hydrates, nourishes and tones the skin or Olive Oil and Honey ideal for malnourished skin, detoxifying and muscle relaxing.

75'	150€
55'	120€
25'	60€

Aromatherapy

This treatment consists of the use of essential oils, with their beneficial properties for health. Lymphatic drainage and anti-cellulite, muscular pain, relaxing and revitalizing, are our proposals to reduce stress, renew emotionally and revitalize energies.

75'	180€
55'	140€
25'	80€

Holistic

This treatment consists of the use of different manual and natural techniques in order to eliminate the blockages that prevent us from feeling healthier and more balanced.

55'	160€
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Pindas Herbales

The herbalpindas (Cotton bag with aromatic herbs) massage is a relaxing and decongestant treatment.

55'	150€
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FACIAL TREATMENTS

Hidratante Source Marine

This treatment corrects the skin's hydration rate dehydrated and revitalizes them in depth, giving them a velvety touch and brightness.

60' 80€

Comforting Cold Marine Cream

An oasis of peace for dry and sensitive skin. This treatment provides the essence of the Cold Cream Marine formulation.

60' 80€

Purifying Marine Purity

Specifically dedicated for combination to oily skin, this treatment harnesses the power of marine ingredients to restore the beauty of healthy skin.

60' 80€

Men's marine

Objective Moisturising, Nourishing, Anti-irritation or Purity, this treatment provides a tailor-made tailor-made solution for male skin.

60' 80€

Coconut Body Peel + Complete Hydration

For the exfoliation we perform at our Spa, we use our Body Peel, based on the ingredients of coconut kernels. A deep, complete exfoliation of the entire body removes dead cells, leaving your skin feeling ultra-smooth, and preparing it for subsequent treatments.

After the exfoliation, your skin is oxygenated and cleansed of dead cells. At this point, we apply the Moisturizing Body Cream with a superficial massage to facilitate its absorption and leave your skin glowing and hydrated.

40' 50€

ANTI-AGING TREATMENT

Hyalu-Procollagen Filler

Wrinkle by wrinkle treatment that combines hyaluronic acids and marine pro-collagen with Roller Boosters, for visible efficiency from the first treatment.

60' 110€

Silicium Marin Lifting

This firming anti-ageing rich in Marine Silicium, stands out for its high performance to correct loss of firmness and smoothing marked wrinkles.

75' 120€

Lumière Marine

Uniformer Created for tailor-made correction, this progressive, triple exfoliation, is effective on all complexion problems and dark spots.

75' 120€

Spirulina Boost, detoxifying smoothing

Detoxifying treatment for urban skin, enriched with Spirulina and boosted with marine magnesium to refresh features, restore a healthy complexion, smooth the skin, and combat the first signs of aging.

60' 120€

RITUALS

Gold Therapy

Maximum glamour and sophistication in a revitalising therapy based on marine gold. Great anti-aging treatment, provides a shine and a silky touch to the skin. Helps to delay aging and expression marks.

- Body Scrub: Brings luminosity to the skin, leaving it soft and moisturized. Helps repair the skin's natural protective barrier.

- Wrap with silk and gold mask: anti-aging, oxygenating, soothing and depigmenting. Provides luminosity and a silky touch to the skin. Ideal for dry or damaged skin.

- Relaxing Integral Massage: With silk and gold cream or oil, principles of silk proteins, with antioxidant properties, rejuvenates and leaves the skin soft and smooth. Recommended for dry, irritated or punished skin.

90' 180€

Geisha

With this ritual we unify the skin tone providing softness and a silky texture. The secret of the Geisha.

The welcome begins with the application of a warm peeling with a shower of coconut salt, cleanses and prepares the skin of the body to receive a relaxing massage from head to toe with olive oil and warm honey, while it acts, a facial care with aromatherapy is performed.

75' 130€

Chocotherapy

A very pleasant wellness experience that exfoliates, moisturises, relaxes and combats fatigue and stress by stimulating the production of happiness endorphins.

In addition to this, the presence of theobromine, tannins and polyphenols in the cocoa composition means that massages and body wraps enriched with this component help burn accumulated fat and reduce cellulite.

- Body exfoliation with coconut peeling and chocolate oleum.
- Chocolate wrap and massage.

60' 90€

Al-Andalus

In this ritual we try to bring our skin to a state of purity, combining the exfoliation of our body with a massage of hot aromatic essences, as your choice, and the Kessa glove, thus eliminating dead skin cells. As a result, our skin and blood circulation is activated, this massage provides maximum relaxation and hydration of our skin.

75' 110€

Beer

This ancient drink has antioxidant and therapeutic properties that make it the ideal ingredient for this ritual. Where we mix baths with body treatments, plus a beer tasting with a cold aperitif.

- Full Body Scrub with Cinnamon Scrub Beer Scrub.

- Complete moisturizing massage with beer oil.

60' 110€

Re-balancing. Mind-body harmony

Close your eyes and let yourself be carried away by a dream of serenity following the eastern route. From scale to scale, divine perfumes and colours intermingle with the richness of the sea to relax your body and mind in total harmony.

- Ginger exfoliation: Inspired by this spicy melting oil paste blends powdered ginger, sea salts, and sugar to gently exfoliate and nourish the skin.

- Ayurveda massage with relaxing modelling oil: Nourishing massage with sesame oil and essential oils of coriander, sage and cypress, relaxes the body & mind.

- Wrapping with soothing moisturising balm.

90' 190€

Polynesia

With this ritual, escape to the paradisiacal islands of the Pacific Ocean and discover, stop by stop, the priceless treasures of Polynesia: exceptional wild atolls with idyllic landscapes, ancestral rituals, and protected marine fauna. A profound sense of relaxation and escape will envelop you.

- Gommage Délicieux: Stopover in Taha'a, Vanilla Island. A body exfoliation that gently removes dead skin and perfectly prepares your skin for treatment.

- Mahana Massage: Stopover in Bora Bora, the White Sand Island. A relaxing massage with hot sand pindas, inspired by the Lomi Lomi technique and enhanced with Tahitian Monoi oil. Slow, enveloping movements combined with the gentle warmth of heated sand create a sense of escape, rest, and deep relaxation.

75' 180€



BEAUTY

Half legs	30€
Full legs	55€
Groins	20€
Underarms	20€
Upper lip	12€
Eyebrow design and correction	16€
Arms	21€
Back	30€
Chest	30€

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